

## Wellness Screening Information

Slinger School District is committed to meeting the academic, social and emotional needs of all of our students. Just like we do academic screenings on our students, we are implementing an emotional wellness screening. The Slinger School District has partnered with Kettle Moraine Counseling Services to administer and implement a free and confidential emotional wellness screening to our high school students. Every high school student will have the opportunity to participate with our goal of having 100% of our students take the screening.

As always, parents are our partners and parental consent will be necessary for students to take the screening. Parents can access consent forms through the link at the bottom of the page. Screenings will occur mid-November.

### What is the Slinger School District Wellness Screener?

Our Wellness Screener is an evidenced based public domain screening tool called the Pediatric Symptom Checklist-Youth Self-Report (PSC-Y), which is also endorsed by the Wisconsin Department of Public Instruction (DPI). The PSC-Y is a free, confidential, and voluntary mental health checkup for teens. Early detection of and intervention in emotional wellness concerns, as well as getting connected with mental health services, can save lives.

### How it Works

First, parents provide consent for the screening. Then the teens themselves agree to participate in the two-step screening process:

- Teens complete a 10 minute computerized questionnaire exploring symptoms of depression and anxiety, attention problems, and disruptive behavior.
- When a screen indicates concern, parents are notified and assisted in connecting with a community resource for further evaluation. For more information, please contact Julianne Morrison, Wellness Screen Coordinator at [julianne@kettlemorainecounseling.com](mailto:julianne@kettlemorainecounseling.com).